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Catering for Horses Today

The importance of grazing to the well-being of
your horse – top 10 tips

Ian Vandenberghe
Intelligent Horsemanship

1. Grass does not run away from a horse
2. Horses are a prey animals so do not treat it like a predator
3. Try not to feed by hand
4. Try not to feed at a set time
5. When feeding hard feed add long fibre chaff
6. Do not give eye contact when catching a horse
7. Keep your heart rate low when near horses
8. Get the horse to respect your personal space
9. Your body language will portray your mind
10. Your controlled breathing will help you relax

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